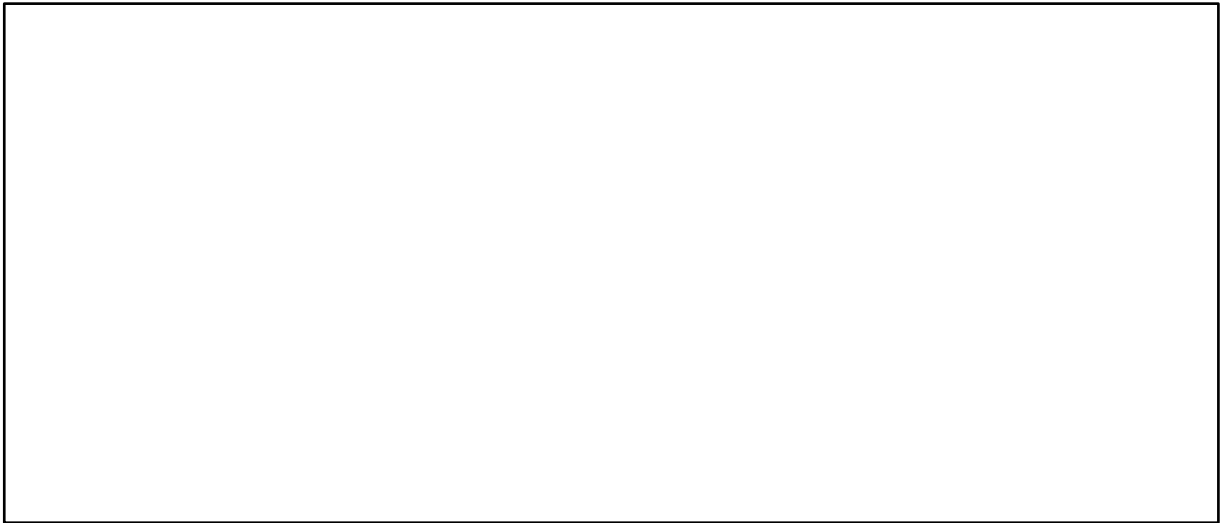


Experience with Transitions Reflection 1

Think about a time of significant change in your life – for example, graduating from school, covenanting with a life partner, moving to a new city, losing someone close to you.

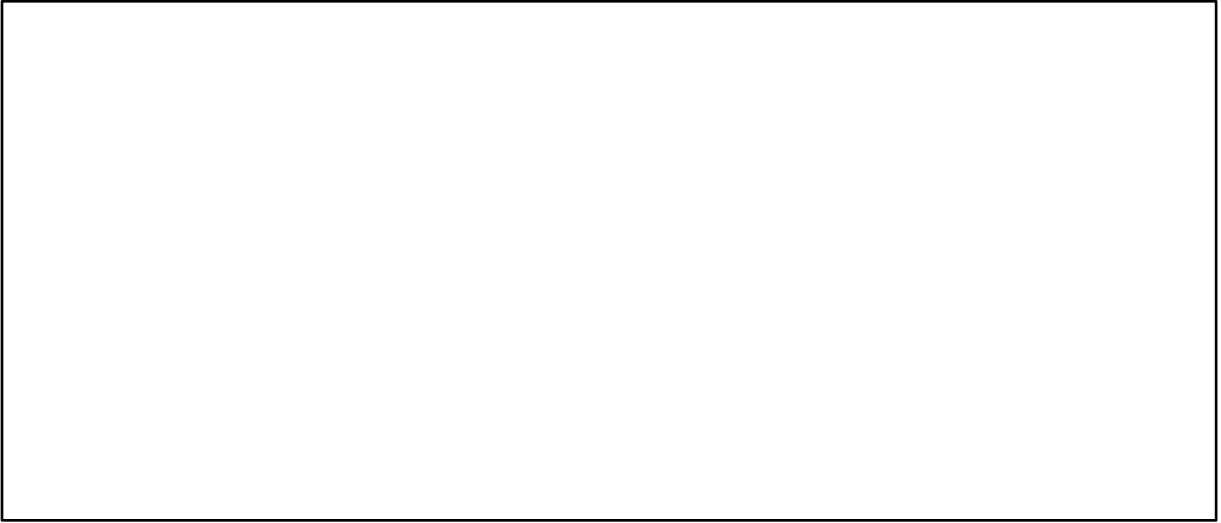
Briefly describe the change.



What “ended”?



When did life feel stable again? What were the signs that you were entering a new period of stability?

A large, empty rectangular box with a thin black border, intended for a user to write their response to the question above.

What did you do that caused life to feel stable again? What did others do?

A large, empty rectangular box with a thin black border, intended for a user to write their response to the question above.