


Self in Transition Reflection 2

What do or did you have to let go of in this current transition?

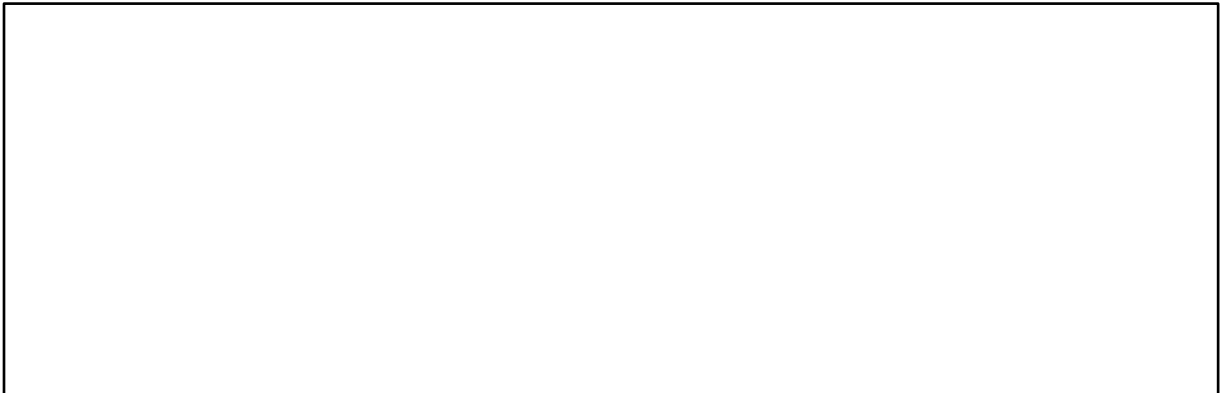
What nourishes you in this time of transition?

What will make the community of faith's life feel stable again for you? What signs do you see that this is already happening? What continues to challenge you or trip you up?

What signs do you see in yourself of wanting to return to the past, or of uncharacteristic behaviours?



Where are you on a scale of 1 (still looking back) to 10 (firmly into the new reality)? What signs do you see that tell you which phase you are in? What can you or others do to intentionally manage the transition?



Finish this sentence: *Transition feels like the time between trapezes because ...*

