

Experience with Transitions

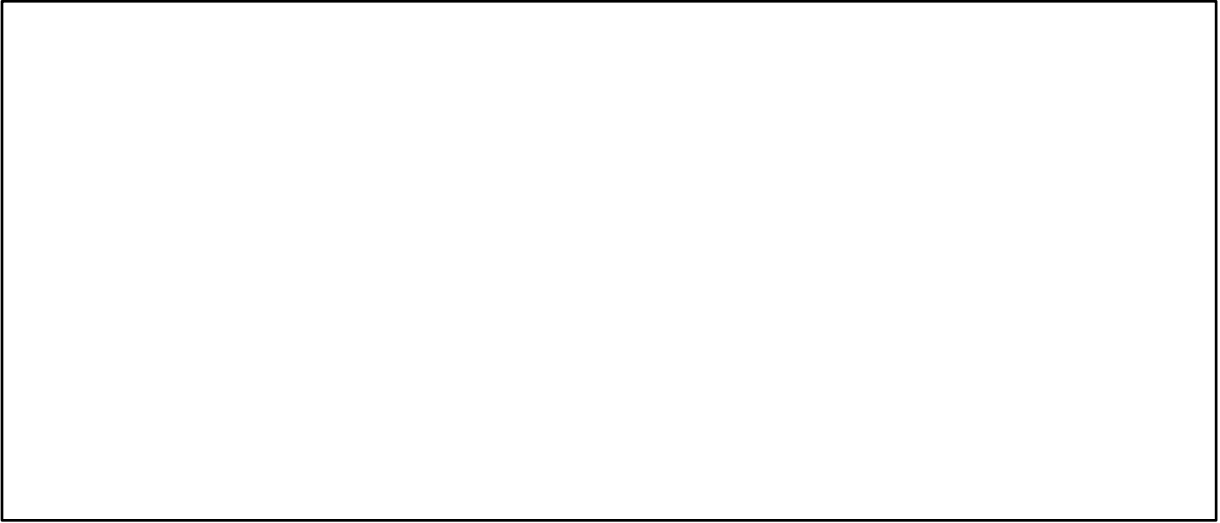
Reflection 1

Think about a time of significant change in your life – for example, graduating from school, covenanting with a life partner, moving to a new city, losing someone close to you.

Briefly describe the change.

What “ended”?

When did life feel stable again? What were the signs that you were entering a new period of stability?

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What did you do that caused life to feel stable again? What did others do?

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